

Calcium Complex Item # 4020 (rev.4)

Supplement Facts

Serving Size: 3 Tablets

Servings Per container: 100

Amount Per Serving	% Daily Value	
Vitamin D (Cholecalciferol)	5 mcg (200 IU)	25%
Calcium (Oyster Shell, Calcium Lactate)	500 mg	38%
Iodine (from Kelp)	75 mcg	50%
Magnesium (Magnesium Oxide)	200 mg	48%
SeaPlex (A proprietary blend of Kelp, Dulse, Spirulina, Sodium Alginate, Bladderwrack, Irish Moss, Chlorella)	37.5 mg	†

† Daily Value Not Established

Other Ingredients: Mono-and Diglycerides, Microcrystalline Cellulose, Ethylcellulose, Croscarmellose Sodium, Food Glaze, Magnesium Stearate, Silicon Dioxide.